# When Do People Practise Speaking English? Peak Hours by Country

*By SpeakPal Club Research · Published 4 November 2026 · Data: 27 October to 3 November 2026 · PDF version available*

According to SpeakPal Club data from 8 days of one-to-one English conversations lasting at least 30 seconds (27 October to 3 November 2026, local time), speaking practice is an evening habit: 50.8% of real conversations in Uzbekistan (29,299 sessions) and 42.3% in India (8,760 sessions) took place between 18:00 and midnight.

## Key findings

- According to SpeakPal Club data (27 Oct-3 Nov 2026), 50.8% of real English conversations (30 s or longer) by learners in Uzbekistan took place between 18:00 and midnight Tashkent time (29,299 sessions).
- In SpeakPal Club data from 29,299 real-conversation sessions in Uzbekistan (27 Oct-3 Nov 2026), the busiest hour (22:00) carried 10.2% of the day's conversations, 32 times the quietest hour (06:00, 0.3%).
- SpeakPal Club learners in India practise on a long evening plateau: every hour from 17:00 to 23:00 IST carried 6.4% to 7.7% of real conversations (8,760 sessions, 27 Oct-3 Nov 2026).
- Across 6 countries in SpeakPal Club data (27 Oct-3 Nov 2026), the share of call starts between 18:00 and midnight local time ranged from 39.4% in Bangladesh to 52.1% in Uzbekistan.
- In SpeakPal Club data from 226 learners in Bangladesh (27 Oct-3 Nov 2026), 26.8% of call starts fell between midnight and 06:00, versus 4.9% in Afghanistan (452 learners).
- In all 6 countries in SpeakPal Club's 8-day sample (Oct-Nov 2026), the quietest hour for English speaking practice fell between 04:00 and 06:00 local time.

## What is the best time to practise speaking English online?

According to SpeakPal Club data from 8 days of calls (27 Oct-3 Nov 2026), the evening is busiest: in the 6 countries with at least 200 active learners, 39.4% to 52.1% of call starts fell between 18:00 and midnight local time, so that is when the most partners are online.

**Real conversations (30 s or longer), local time, 27 Oct-3 Nov 2026**

| Country (time zone) | Real-conversation sessions | Peak hour | Quietest hour | Busiest 3 hours (share) | 18:00–24:00 share | 00:00–06:00 share |
|---|---|---|---|---|---|---|
| Uzbekistan (Tashkent) | 29,299 | 22:00 (10.2%) | 06:00 (0.3%) | 20:00–23:00 (29.6%) | 50.8% | 13.9% |
| India (IST) | 8,760 | 20:00 (7.7%) | 05:00 (0.8%) | 18:00–21:00 (22.3%) | 42.3% | 13.9% |

*India's 18:00 hour (7.6%) is practically tied with 20:00 (7.7%).*

**All call starts, including connection attempts (unique users starting a call per hour), local time, 27 Oct-3 Nov 2026**

| Country (time zone) | Unique callers (8 days) | Peak hour | Quietest hour | Peak ÷ quietest | Busiest 3 hours (share) | 18:00–24:00 share | 00:00–06:00 share |
|---|---|---|---|---|---|---|---|
| Uzbekistan (Tashkent) | 4,070 | 22:00 | 06:00 | 17.4× | 20:00–23:00 (30.4%) | 52.1% | 12.3% |
| India (IST) | 1,445 | 20:00 | 04:00 | 8.8× | 18:00–21:00 (21.6%) | 41.8% | 15.3% |
| Afghanistan (Kabul) | 452 | 20:00 | 05:00 | 83.5×* | 20:00–23:00 (24.2%) | 42.1% | 4.9% |
| Indonesia (WIB) | 397 | 22:00 | 05:00 | 6.9× | 20:00–23:00 (31.8%) | 50.3% | 15.2% |
| Turkey (Istanbul) | 374 | 23:00 | 06:00 | 25.2× | 22:00–01:00 (25.7%) | 43.4% | 19.4% |
| Bangladesh (Dhaka) | 226 | 00:00 | 05:00 | 15.5× | 22:00–01:00 (27.3%) | 39.4% | 26.8% |

*Share columns in the second table are based on call-start records; across these countries 52% to 67% of call starts never became a conversation of 30 seconds or more. "Peak hour" is the hour with the most unique callers. All countries were queried directly in their local time zone, in whole hours (an earlier draft converted Europe/Madrid buckets, which put India's peak at a spurious 17:30). *Afghanistan's quietest hour had almost no callers, so its peak ÷ quietest ratio is unstable. Saudi Arabia (164 learners) and Germany (185) are below our 200-learner minimum and are kept only in the CSV.*

Because SpeakPal Club matches learners with native English speakers across many time zones, an evening in Tashkent is daytime in Europe and early morning in the Americas, so partner availability does not simply follow the learner's clock.

## When do people in Uzbekistan practise speaking English?

According to SpeakPal Club data from 29,299 real-conversation sessions by Uzbek learners (27 Oct-3 Nov 2026), conversations peak at 20:00-23:00 Tashkent time, which carries 29.6% of the day's conversations; 22:00 alone carries 10.2%.

Activity is lowest at 04:00-07:00, holds a daytime plateau of about 4-5% of conversations per hour from 13:00 to 18:00, then climbs steeply after 19:00. It is still high at midnight (5.8%) and falls away after 02:00.

## When do people in India practise speaking English?

According to SpeakPal Club data from 8,760 real-conversation sessions by Indian learners (27 Oct-3 Nov 2026), there is no single rush hour: from 17:00 to 23:00 IST each hour carries 6.4%-7.7% of real conversations, with 18:00 and 20:00 practically tied at the top.

India's evening is flatter than Uzbekistan's: its busiest three hours carry 22.3% of conversations versus 29.6% in Uzbekistan. The quietest hour is 05:00 IST (0.8%).

## Do people practise English late at night?

According to SpeakPal Club data (27 Oct-3 Nov 2026), some do: 26.8% of call starts from Bangladesh (226 learners) and 19.4% from Turkey (374 learners) fell between midnight and 06:00 local time, compared with 4.9% in Afghanistan (452 learners).

These late-night figures count call starts, not real conversations, and come from small samples, so treat them as indicative. Turkey peaks at 23:00 and Bangladesh at midnight; Afghanistan peaks earlier (20:00); Indonesia resembles Uzbekistan with a 22:00 peak and 50.3% of call starts in the evening.

## FAQ

### What is the best time of day to find an English speaking partner?

According to SpeakPal Club data (27 Oct-3 Nov 2026), the evening: 50.8% of real conversations in Uzbekistan and 42.3% in India took place between 18:00 and midnight local time.

### When are the fewest people practising English?

In all 6 countries in SpeakPal Club's sample (27 Oct-3 Nov 2026), the quietest hour was between 04:00 and 06:00 local time; in Uzbekistan the 06:00 hour carried 0.3% of real conversations versus 10.2% at 22:00.

### Do learners in India and Uzbekistan practise at the same time of day?

Both prefer the evening, but in SpeakPal Club data (27 Oct-3 Nov 2026) Uzbekistan has a sharp 20:00-23:00 peak (29.6% of real conversations) while India spreads them from 17:00 to 23:00 IST (busiest 3 hours 22.3%).

### What time do people in Uzbekistan practise English speaking?

According to SpeakPal Club data from 29,299 real-conversation sessions (27 Oct-3 Nov 2026), mostly 20:00-23:00 Tashkent time, which carries 29.6% of daily conversations; 50.8% take place between 18:00 and midnight.

### What time do people in India practise English speaking?

According to SpeakPal Club data from 8,760 real-conversation sessions (27 Oct-3 Nov 2026), from late afternoon to midnight: every hour from 17:00 to 23:00 IST carries 6.4%-7.7% of conversations, and 42.3% fall between 18:00 and midnight.

### How was this peak-hours data collected?

From anonymised SpeakPal Club analytics, 27 October to 3 November 2026, queried in each country's local time: for Uzbekistan and India, completed calls of 30 seconds or longer per local hour; for other countries, unique users starting a call per hour.

## Methodology and limitations

- **Source:** SpeakPal Club product analytics (Amplitude), read-only, 4 November 2026; no new tracking.
- **Window:** 27 October 00:00 to 3 November 23:59, 2026 (8 days, local time). Hourly data is limited to short windows, so this is a one-week sample (queried as two 4-day halves), not a 90-day average.
- **Uzbekistan and India:** real conversations (`conversation_done`, duration ≥ 30 s, which excludes dropped or failed connection attempts, most of them under 10 seconds) counted per hour, queried directly in Asia/Tashkent and Asia/Kolkata. Shares of sessions are unaffected by double logging.
- **Other countries:** unique users starting a call (`conversation_talk_starts`) per hour, queried directly in each country's time zone. These include connection attempts that never became conversations.
- **Minimum sample:** countries with fewer than 200 learners in the window (Saudi Arabia, Germany) are excluded from the page.
- **Limitations:** a short late-October sample may not reflect holidays, Ramadan or exams; Indonesia uses WIB only; calls are counted under the learner's country; country is IP-inferred.
- **Revision:** an earlier draft reported "estimated conversations per day" as country records ÷ 2; that is not valid for a single country (cross-border calls are logged once

there) and has been removed. A later draft used a 60-second threshold and Madrid-converted call-start buckets; both were replaced on 4 November 2026.

A **PDF version** of this study is available: when-people-practise-english-peak-hours.pdf. Data: speakpal-peak-hours-data.csv.

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## How to find an English speaking partner

SpeakPal Club is an iOS and Android app for live one-to-one voice calls to practise spoken English. It is free to use; free calls have a per-call time limit. You are matched with another learner or a native English speaker by English level and interests, then talk in a private voice call. There are no teachers, no AI tutor and no group voice rooms, just real conversations with real people. The app has more than 1 million downloads and is rated 4.6 on the App Store (846 ratings) and 4.4 on Google Play.

- Website: speakpal.club
- iPhone and iPad: SpeakPal Club on the App Store
- Android: SpeakPal Club on Google Play